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The Order of Nurses, Midwives  
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Public Medical Sanitary Institution the  
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"The European Union is made up of 28 Member States who have decided to gradually link together their knowhow, resources and destinies. Together, during a period of enlargement of 50 years, they have built a zone of stability, democracy and sustainable development whilst maintaining cultural diversity, tolerance and individual freedoms. The European Union is committed to sharing its achievements and its values with countries and peoples beyond its borders".

Joint Operational Programme  
Romania-Republic of Moldova 2014-2020

## Joint Network for Management of Cardiovascular Diseases in CBC region Romania-Moldova

# CARDIOSCOPE

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Romania-Republic of Moldova  
ENI-CROSS BORDER COOPERATION



A project implemented by  
Order of Nurses, Midwives and  
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Iasi Branch

# CARDIOSCOPE

## Joint Network for Management of Cardiovascular Diseases in CBC region Romania-Moldova

### The concept

#### General objective

CARDIOSCOPE aims to strengthen the management of Cardiovascular Disease (CVD) pathologies in CBC region through the implementation of an integrated screening, monitoring and personalized therapy framework for population living in Iasi County and Ungheni County by the end of 2020 in order to improve prevention, detection and treatment of CVD's.

The project will develop and implement a common screening program - in which 1,000 patients will be investigated - for early detection of cardiovascular disease for the purpose of early detection and prevention of pathologies for the cross-border population; will develop facilities, procedures and protocols for screening, monitoring and personalized therapy of cardiovascular diseases; will inform the population about the prevention and pathology of cardiovascular diseases and of the most harmful habits and behaviors and in particular their correlation with the possibility of developing a cardiovascular disease. Medical practice, as well as research studies (University of Wisconsin Madison - 2011) have shown that screening and monitoring programs for early detection of CVD are effective if there are actions to prevent and alter the behavior of patients (smoking, alcohol, unhealthy eating, etc.).

### Specific objectives

1. To develop and implement a joint screening program for early detection of CVD's. CARDIOSCOPE designs a joint screening and monitoring program with the scope of early detection and early prevention of CVD's pathologies for population located in cross-border.
2. To improve early detection of CVD's by developing facilities, procedures and protocols for screening, monitoring and personalized therapy of CVD's. CARDIOSCOPE project will improve the health conditions for citizens in Iasi and Ungheni County by equipping medical facilities and developing standardized procedures, protocols and primary care services that will contribute to early detection and prevention of cardiovascular pathologies.
3. To raise awareness of population regarding CVD's prevention and pathology. Project prevention activities as well as educational actions aims to raise awareness of populations regarding the most harmful habits and behaviors (smoking, fats, bad alimentation) effects on health status and especially their correlation with the possibility to develop a cardiovascular disease.

### Final beneficiaries

The final beneficiaries will be the citizens of the cross-border region, who will have access to a specific and standardized CVD screening program based on the CVD risk assessment methodology and on a new model of primary care services, 400 nurses who will use the model. of primary care services to carry out the CVD screening and monitoring program for early detection and prevention of cardiovascular pathologies in the cross-border region and to increase the access of patients to specialized medical services, 100 doctors and 200 nurses from Iasi and Ungheni County who they will benefit from training programs.



### Activities:

Implementation of a common screening and monitoring program for 1000 patients from Iasi and Ungheni County for early detection and therapy of cardiovascular diseases in the project region;

A database of cardiovascular diseases composed of medical data and parameters of the investigated patients;

Purchase of equipment, development of a model of primary care services and medical protocols for patient-centered management of care services. The aim is to better respond to the needs of patients, emergencies and improve the quality of primary therapy;

Development of 2 medical protocols for screening and 1 for monitoring;

Designing a training program - for 100 doctors from Ungheni County - that will include the curriculum and webinar version of the modules of courses dedicated to the increase of knowledge and skills;

Designing a training program for 200 nurses in Iasi and Ungheni County;

Developing an institutional agreement as a framework strategy for governance, ownership and use of project results and a common strategy for cardiovascular disease management;

A manual for the prevention and early detection of cardiovascular diseases.